

## SESSION 2: CHRISTIAN HOUSEHOLDS TODAY

### Christian Households Today

How have you seen the dynamics of households change over your lifetime? What type of household do you currently live in?

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### Singles and Households

Are there any single adults living alone whom you consider part of your extended household? How are they involved in the routines of your home? Are there any who could be part of your extended household? What would it be like to invite them into the life of your home?

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### Household Routines

What are some of the routines or rituals, spiritual or not, that are important to your household?

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### Spiritually Vibrant Households

Fill out, and discuss initial responses to, The Vibrancy Inventory (on the next page).

As you discuss your results, please note that your specific results do not have to be shared with others; feel free to keep the particular numbers private.

How do you feel about the spiritual vibrancy of your household?

What about the results surprised you? What didn't surprise you?

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# VIBRANCY INVENTORY

This inventory is designed to give you a chance to reflect upon your household and its current level of vibrancy. You will read 20 statements that correspond to different vibrancy habits within households. For each statement, reflect on how often the core members of your household (those who live under the same roof with you) participate in that activity together.

First, mark how often “some of” your core household members participate in the activity together (daily = 4, weekly = 3, monthly = 2, rarely = 1, never=0). Next, mark how often “all of” your core household members participate in each activity.

Remember, the purpose of this survey is not to grade your household. Instead, it’s to honestly reflect on the habits of your household and consider how God might be calling you to increase your spiritual vibrancy. While household schedules often shift and change over time, for this survey consider these habits during your current season of life.

In each box, write the number that corresponds with the frequency with which your household participates in each activity. Then, add up all the numbers in each category, and write the total below.

**Apply Spiritual Disciplines** 📖

1. We pray together.
2. We read the Bible, or do devotions or devotional reading together.
3. We attend corporate worship together.
4. As individuals, we pray and/or read the Bible.
5. As individuals, we attend a religious small group or Bible study.

**Extend Hospitality** 🏠

1. We enjoy having close friends and family over for dinner.
2. Close friends and family have deep conversations with us.
3. We ask close friends and family for help.
4. We invite new people to our house.
5. We warmly engage with people who visit us unannounced.

**Engage in Spiritual Conversations** 💬

1. We talk about God and/or faith together.
2. We teach one another about faith and faith traditions.
3. We teach one another about the Bible.
4. We talk about our feelings with one another.
5. We share meaningful, relational, quality time together.

**Catalysts for Vibrancy (Food and Fun)** 🏠

1. We eat meals together (at home or out).
2. We watch TV/movies together.
3. We play games and/or sports together.
4. We read books together.
5. We go on walks or hikes together.

SOME OF US				
DAILY	WEEKLY	MONTHLY	RARELY	NEVER
4	3	2	1	0
Total =				
4	3	2	1	0
Total =				
4	3	2	1	0
Total =				

ALL OF US				
DAILY	WEEKLY	MONTHLY	RARELY	NEVER
4	3	2	1	0
Total =				
4	3	2	1	0
Total =				
4	3	2	1	0
Total =				